

"If bread is the necessity of life, recreation is a close second."  
~ Edward Bellamy

Roanoke County Parks, Recreation & Tourism's

# Therapeutic Recreation Services Summer 2006

## Program Guide

Program & Registration Information  
May - August 2006

Therapeutic  
Recreation  
Services

*Specialized and adaptive recreation  
and leisure opportunities for  
individuals with disabilities  
within the Roanoke Valley*

Dated Material  
Please read  
immediately

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Check out  
our sizzlin'  
summer  
classes &  
trips!

# Therapeutic Recreation Services

## Summer 2006

### General Information

#### Selecting Programs that are right for you...

The programs listed in this guide are designed to meet the needs and interests of individuals who have developmental disabilities, head injury related disabilities, psychiatric disabilities, and those who are blind or have visual impairments.

If you have questions about a program or the level of functioning needed, please contact any of the TR staff listed.

**Code #:** The code # allows us to process your registration form more quickly and accurately.

**Program Fee:** This is the fee that is charged for participation in that specific program.

**Transportation Fee:** This fee is charged for programs that offer transportation. This fee is \$2.50 for each round trip (except Activity Programs).

**Leader/Instructor:** This individual will either be responsible for all aspects of the program or teaching the specific skill offered.

#### Therapeutic Recreation Services Main Office:

3738 Brambleton Avenue Roanoke VA 24018  
(540) 772-7529 ext. 2  
[www.RoanokeCountyVA.gov/trs](http://www.RoanokeCountyVA.gov/trs)

#### Therapeutic Recreation Staff

##### Betsy Dennis, CPRP

Therapeutic Recreation Supervisor

- Sign Language, HANDS

(540) 772-7529 ext. 226

[bdennis@roanokecountyva.gov](mailto:bdennis@roanokecountyva.gov)

##### Mandi Smith, CTRS

Therapeutic Recreation Programmer

- EXCEL & ACE

(540) 772-7529 ext. 227

[msmith@roanokecountyva.gov](mailto:msmith@roanokecountyva.gov)

##### Kari Benson, MS, CTRS

Therapeutic Recreation Programmer

- VIP, TRIPS, Mingle, Fun & Leisure

(540) 772-7529 ext. 228

[kbenson@roanokecountyva.gov](mailto:kbenson@roanokecountyva.gov)

##### TRS Support Staff

Support Staff will assist as needed in all aspects of your participation in TRS programs. Support staff duties may include assisting with transportation, supervision, limited personal care, and activity participation.

**Therapeutic Recreation Services provides specialized, adapted & inclusive recreation/leisure services that empowers people with disabilities to gain the knowledge and skills for the development of a leisure lifestyle that meets their interests and needs.**

# Day & Overnight Trips For All TRS Participants

## Raft Richmond Overnight!

Age: 21 and up. This program is specially designed for individuals with disabilities. Experience our state capital in a unique way...on the river! This two day, one night trip includes a visit to the Science Museum of Virginia, where you will have the opportunity to explore many of the intriguing exhibits on display AND take a scenic and relaxing raft trip down the James River that flows through Richmond. You will experience mild Class I-II rapids and have the opportunity to swim in the James. This trip is perfect for the person who is looking for an enjoyable, stress-free outdoor experience. Participants must meet specific behavioral criteria. Please call Therapeutic Recreation Services for details.

**Program fee:** \$150 (includes all transportation, accommodations at the luxurious Embassy Suites, admission to the Science Museum, cost of rafting trip, and 4 meals. You must bring money for two meals while traveling)

**All inclusive fee:** \$175 (includes all meals, lodging, transportation & admissions)

**Deposit:** \$50 due at registration (non refundable) Remaining balance due by August 9, 2006.

**Transportation fee:** Included

**Leaders:** Betsy Dennis, Mandi Smith, CTRS, & Kari Benson, MS, CTRS

**#9174      Tuesday - Wednesday    August 29 – 30    2 day trip    Richmond, VA**

## Wet 'N Wild - Emerald Pointe

Ages 18 and up. This program is specially designed for individuals with disabilities. Experience a truly memorable summertime outing at Emerald Pointe Water Park in Greensboro, NC. The Pointe offers over 45 acres of the wettest, splashiest fun around! All water attractions have certified lifeguards on duty. Whether you like it mild or wild, there are water attractions for everyone to enjoy! New for summer 2006: Hurl through the mist-shrouded abyss of the dragon's lair and conquer the new Dragon's Den ride! Lunch at the park is included, but bring money for additional snacks or beverages in the park, and a fast food dinner on the way back home.

**Program fee** \$35 includes transportation, water park admission and lunch. As travel time is approximately 2 hours, please meet at the Brambleton Center at 8 AM. The group will stay at the waterpark from approximately 11:00am to 4pm, and will make a fast food dinner stop on the trip back to Roanoke.

**Leaders:** Betsy Dennis, Mandi Smith, CTRS & Kari Benson, MS, CTRS

**#9349      Tuesday    August 22    11 AM - 4 PM    Emerald Pointe Waterpark Greensboro, NC**

**Rain date:** Thursday, August 24, 2006.

## New River Tubing

Ages 18 and up. This program is specially designed for individuals with disabilities. Let the water carry you through the beautiful sites of the New River as you tube with Tangent Outfitters. Enjoy a picnic lunch at Bissett Park in Radford before spending 3 hours relaxing with friends on the river. Be sure to bring: Sun block, swimsuit, towel, tennis shoes or water shoes that have heel straps, and a change of clothing. Choose from two different dates for this event.

**Program fee:** \$17 includes all tubing equipment, lunch and transportation.

**Transportation fee:** Included

**Leaders:** Mandi Smith, CTRS & Kari Benson, MS, CTRS

**#9354      Wednesday    June 28      11 AM-4:30 PM    Bissett Park, New River- Radford, VA**

**#9212      Saturday      July 1      11 AM-4:30 PM    Bissett Park, New River- Radford, VA**

# EX. C. E. L.

## Exciting Community Experiences through Leisure Programs for Adults who have Developmental Disabilities

### Summer Mini Adult Activity Programs

Ages 13 and up. Sign up for one or both mini sessions of 3 weeks each. Social and recreational activities including movies, social events, meals and community based activities. Transportation is available from pick up points only, determined by registration (no at home pickups). Pick up times vary weekly. Activity information will be distributed weekly to all registered participants, highlighting the week's activity, transportation, dates, times and cost. Program fees do not include trip admission fees. RECBUCKS can be used to pay the program fee but cannot be used to pay for weekly trip admission fees.

#### Transportation Services:

Mondays: Northeast/Southeast County and City, Vinton & Downtown

Thursday: Northwest/Southwest County and City & Salem

Wednesdays: Valleywide

**Program fee:** \$7.50 for each 3 week mini session

**Transportation fee:** \$6/3 week mini session

**Leaders:** TRS Staff

|       |            |                 |              |                   |
|-------|------------|-----------------|--------------|-------------------|
| #9338 | Mondays    | June 5 - 19     | 6 PM - 10 PM | Various locations |
| #9340 | Mondays    | July 31- Aug 14 | 6 PM - 10 PM | Various locations |
| #9342 | Wednesdays | June 7 – 21     | 10 AM - 2 PM | Various locations |
| #9343 | Wednesdays | Aug 2 - 16      | 10 AM - 2 PM | Various locations |
| #9339 | Thursdays  | June 8 - 22     | 6 PM - 10 PM | Various locations |
| #9341 | Thursdays  | Aug 3 - 17      | 6 PM - 10 PM | Various locations |

### Movies In the Park

Ages 18 and up. This activity is specially designed for individuals with developmental disabilities. Enjoy movies under the stars on the lawn of Elmwood Park as part of the annual Movies in the Park season. Enjoy pre-movie entertainment as well as concessions. Bring lawn chairs or blankets if you desire.

**Program Fee:** \$5 includes supervision and transportation. Please bring own money if interested in concessions.

**Transportation:** Included

**Leader:** TRS Staff

#9346    Friday                      July 14                      8:30 PM - 10 PM                      Elmwood Park

### Ice Cream Social

Ages 16 and up. We all scream for ice cream! Hand crank an ice cream churn full of your favorite flavor of real "home made" ice cream. Enjoy outdoor games in the park.

**Program fee:** \$5

**Transportation fee:** \$2.50

**Leader:** TRS Staff

#9345    Thursday                      July 6                      7 PM - 8:30 PM                      Darrell Shell Park Picnic Shelter



# EX. C. E. L.

## Exciting Community Experiences through Leisure Programs for Adults who have Developmental Disabilities

### Paint Can Crafts

Ages 18 and up. This program is specially designed for individuals with developmental disabilities. Create beautiful and useful items using ordinary un-used gallon paint cans. Decorate the cans using different papers, paints, stamps and embellishments to create different motifs. Make a holiday or birthday can for a unique way to wrap a special gift, make a pretty can that matches your room decor or even create a time capsule to fill now and open in the future! Carol Guilliams will guide you through the process.

**Program fee:** \$9

**Transportation fee:** \$2.50

**Leader:** Carol Guilliams

**#9344 Thursday June 1**  
**6:30 PM - 8:30 PM**  
**Brambleton Center**

### Terra Cotta Wind Chimes

Ages 18 and up. This program is specially designed for individuals with developmental disabilities. Decorate three terra cotta pots and assemble them to let the wind create beautiful sounds. Paint the pots using a variety of techniques and then string them together into art for the indoors or to create beautiful music outdoors.

**Program fee:** \$6

**Transportation fee:** \$5/2 sessions

**Leader:** TRS Staff

**#9347 Thursday July 20 & 27**  
**7:30 PM - 9:00 PM**  
**Brambleton Center**

### Blue Ridge Dinner Theatre

Ages 18 and up. This program is specially designed for individuals with developmental disabilities. Visit Ferrum College and enjoy the Blue Ridge Dinner Theatre's matinee production of "Kids Say The Darndest Things!" This production is filled with the innocent wisdom that comes out of the mouths of children and reminds us of how the world looks from a kid's point of view. A family style lunch is included.

**Program fee:** \$28 includes transportation to Ferrum, lunch and admission to the theater production. Meet the vans at Brambleton Center if possible.

**Transportation fee:** Included

**Leader:** TR Staff

**#9348 Tuesday August 1**  
**12 PM - 3:15 PM**  
**Blue Ridge Dinner Theatre**  
**Ferrum, VA**



**Looking for children's programs?**  
ACE is a summer day camp for children with developmental disabilities, ages 5-21.  
June 19 - Aug 10, 2006  
Contact Mandi Smith, CTRS for more details.

# Fun & Leisure

Social and Recreational Opportunities for Individuals  
with Head-Injury Related Disabilities, ages 18 and up

## 3 X's THE FUN!

Ages 18 and up. Three nights of games means three times the fun at the Brambleton Teen Center! Play card games, board games, group games and participate in a murder mystery game, Pasta, Passion and Pistols! You play a part to help see "who done it". Light snacks will help you get in the mood for each night's game theme.

**Program Fee:** \$5

**Transportation Fee:** \$7.50/3 sessions

**Leader:** Brandy Ratcliff

**#9197**      **Mondays July 10, 17 & 24**  
**7:00 PM-9:00 PM**  
**Brambleton Center**

## DINNER AT PARKER'S SEAFOOD

Ages 18 and up. All kinds of seafood are on the menu at Parker's Seafood. This restaurant, designed after a lighthouse, provides a comfortable atmosphere with reasonable prices and huge portions. The service is usually excellent and the food is delicious. The dinner selection includes catfish, swordfish, trout, tuna, scallops, shrimp, salmon, steak and chicken cooked in a variety of ways. Meals are approximately \$10.

**Program fee:** None, bring money for dinner

**Transportation fee:** \$2.50

**#9199**      **Wednesday August 9**  
**6:00 PM-7:30 PM**  
**Parker's Seafood Restaurant**

## MOVIES IN THE PARK

Ages 18 and up. Friday nights are more fun with friends, so come watch movies under the stars at Elmwood Park. Bring your own lawn chair or blanket if you like. Movie selection will be announced at a later date. Please feel free to bring your own snacks or money for the concessions.

**Program fee:** \$7.00 includes transportation

**Transportation Fee:** included

**#9193**      **Fridays**      **June 9 & Aug 11**  
**8:30 PM-10:00 PM**  
**Elmwood Park**  
**Downtown Roanoke**

## TERRA COTTA POT WIND CHIMES

Ages 18 and up. Decorate three terra cotta pots and assemble them to let the wind create beautiful sounds. Paint the pots using a variety of techniques and then string them together into art for the indoors or to create beautiful music outdoors.

**Program fee:** \$6

**Transportation fee:** \$5/ 2 sessions

**Leader:** Carol Guilliams

**#9196**      **Tuesdays**      **June 20 & 27**  
**2:00 PM-3:30 PM**  
**Brambleton Center**



# T.R.I.P.S.

Recreation programs for individuals with psychiatric disabilities,  
ages 18 and over who are current clients of  
Blue Ridge Behavioral Healthcare

Therapeutic Recreation Services is a contractual recreation service provider for Blue Ridge Behavioral Healthcare's Mountain House Program.

T.R.I.P.S. (Therapeutic Recreation Incentive Program) programs are available to current Mountain House members or former Mountain House members who are still clients of Blue Ridge Behavioral Healthcare, ages 18 and over.

## Valley Ventures

Valley Ventures are social and recreational activities throughout the community. Information is distributed monthly to all registered participants highlighting the activity, transportation times, and dates. RECBUCKS can only be used to pay for program fees. Each participant is responsible for snacks, souvenirs, or other items not included in the original activity fee. Please call Kari Benson 772-7529 Ext. 228 for more information. Activities will be held on Saturdays starting on May 27th and ending on August 12th. Locations may vary due to weather or event changes.

**Program fee:** \$15 includes transportation and all admissions

**Transportation fee:** Included

#9203

### 1) Festival In The Park

May 27  
11 AM - 2 PM  
Elmwood Park

### 2) Ice Cream Social

June 10  
1 PM - 2:30 PM  
Preston Park Center

### 3) Tubing on the New River

July 1  
11 AM - 4:30 PM  
Bissett Park, Radford

### 4) Swimming & Picnic

August 12  
10:30 AM - 2:30 PM  
Vinton Pool

## Center Yourself!

For members of Mountain House, ages 18 and over. Join your friends from Mountain House for a day of fun, games and activities. There is no program fee. May through August visit Camp Roanoke, work on creative writing, have a BBQ cook-out, and play leisure education games. Please wear comfortable clothing for Center Yourself! Transportation provided by Mountain House. Center Yourself! takes place the third Thursday of each month from 10 AM - 2 PM.

- 1) Camp Roanoke Day  
May 18
- 2) Wasena Park - Creative Writing  
June 15
- 3) Carvin's Cove - BBQ Cookout  
July 13
- 4) Brambleton Center - Leisure Education  
August 17



# V.I.P. Program

Recreation & socialization programs for adults who are blind or have visual impairments

**V.I.P. Programs are now available for online registration! Visit [www.RoanokeCountyVa.gov/prtonline](http://www.RoanokeCountyVa.gov/prtonline) to register!**

## Chateau Morrisette Winery Tour

**Program fee:** \$15 includes transportation, winery tour and wine tasting.

**Transportation fee:** Included

**Leader:** TRS Staff

**#9234**      **Wednesday**      **May 31**  
**11 AM - 3:30 PM**  
**Chateau Morrisette Winery**

## "Class of '54" Murder Mystery

**Program fee:** \$12 includes dinner

**Transportation fee:** \$2.50

**Leader:** Kari Benson, MS, CTRS

**#9236**      **Tuesday**      **August 15**  
**6 PM - 8 PM**  
**Brambleton Center**

## New River Tubing

**Program fee:** \$17

**Transportation fee:** Included

**#9213**      **Wednesday**      **June 28**  
**11 AM - 4:30 PM**  
**Bissett Park & New River, Radford**

## Nature's Music- Birding

**Program fee:** \$15

**Transportation fee:** \$7.50/3 sessions

**Leader:** TRS Staff

**#9235**      **Wednesdays**      **July 12 - 26**  
**4 PM - 6 PM**  
**Mill Mountain & Carvins Cove**

## VIP Luncheons

**Program fee:** \$10 each

**Transportation fee:** \$2.50/ luncheon (due at registration)

**Leader:** TRS Staff

**#9238**      **Monday**      **June 19**  
**11:30AM-1:30 PM**  
**Nawab India Restaurant**  
**#9237**      **Monday**      **July 17**  
**11:30 AM-1:30 PM**  
**Red Palace Chinese Buffet**

**Detailed Program Information  
Available in Braille and Large Print  
Please call TR Services**

**NEW  
PROGRAM!**

## MINGLE

**A Social Group for Young Adults  
with Disabilities, ages 18 to 30**

Mingle is designed for young adults with disabilities, ages 18-30. This group participates in socialization, recreation and leisure activities at the Brambleton Teen Center. As a member of MINGLE, you will work with other group members in planning monthly outings in the Roanoke Valley. Mingle will meet on Tuesday nights from 7:00 pm to 9:00 pm at the Brambleton Teen Center for 10 weeks.

To become a member of this group you must be able to follow two step directions, be independent in your personal care, have the ability to care for your own belongings and self administer your medications.

Contact Kari Benson at 772-7529 ext. 228 to determine eligibility.

**Program Fee:** \$5.00

**Transportation:** Not provided, but we will do our best to help you find a ride.

**Instructor:** Kari Benson, MS, CTRS

**#9176**      **Tuesdays**      **May 30 through August 8**      **7 PM - 9 PM**      **Brambleton Center**

**Therapeutic Recreation Services  
would like to thank the following contributors and special  
scholarship sponsors of the  
21<sup>st</sup> Annual Valentine Dinner Dance.  
Thank you for your service to the community!**

Advance Auto Parts  
Aztec Rental  
Captain Party  
Danny Meyers- K92-WXLK  
Hotel Roanoke & Conference Center  
Kroger Company  
Member One Federal Credit Union  
Mr. & Mrs. Kevin Moore  
RADAR  
Roanoke Junior Women's Club - In Memory of Ruby Watts Godsey

Air Gas  
Blue Ridge Sign & Stamp  
Chick-fil-A  
Home Instead  
Kauffman and Associates  
Lee Hartman & Sons  
Mr. & Mrs. Barry Compton  
Ms. Gail Atkinson  
S.C. Rossie & Company, Inc  
Woody Graphics



**Valentine Dance 2006  
Everyone Had a Blast!**

- 
- 

**MARK YOUR CALENDARS:**

Therapeutic Recreation Services is turning 30!

Come celebrate our birthday with a Retro 70's Disco Dance on October 6, 2006.

Look for more details in our Fall Program Guide due out the end of August!

# Guidelines for Participation

## General Participant Rules of Conduct (includes all vehicles & facilities utilized by TRS programs)

1. No smoking or use of tobacco products in any County facility or vehicle.
2. No open beverage or food in County (RADAR or City) vehicles.
3. No alcoholic beverages may be brought or consumed at any time in County facilities or vehicles.
4. No use of profanity, obscenities, or offensive words (either spoken or written).
5. Treat each other with respect at all times.
6. All riders, including staff, should have seat belts in use properly while riding County vehicles (RADAR & City).
7. Appropriate social behavior is expected at all times.

Staff will use appropriate measures such as redirecting, positive reinforcement, modeling, and other methods of behavior modification if disruptive or inappropriate behavior occurs.

Caregivers will be notified if this occurs. If, after reasonable efforts to correct the behavior, it is still present, the participant may be temporarily or permanently suspended or removed from the program and/or transportation.

## Guidelines for Personal Care

Generally, the following levels of personal care are available in Therapeutic Recreation programs: dressing, assistance with toileting, assistance with eating, basic hygiene, assistance with wheelchair use (transferring, positioning, etc.), prompting oral medication administration as directed. These guidelines for personal care are only available if they can be provided in a safe and dignified manner.

No personal care will be provided by our staff as an accommodation in inclusive programming. The participant may bring a personal care attendant free of charge, except for direct admission fees. Please contact TRS for a copy of the complete Guidelines for Personal Care.

## Participant History Form

In order to complete your registration with Therapeutic Recreation Services, you are required to fill out a Participant History Form each year of participation. This form must be submitted to TRS two weeks prior to the first class attendance. Participation in the upcoming programs will not be permitted without a correctly completed questionnaire. Information is kept strictly confidential and is used to help the TR staff to better serve you while you are in our programs. You may request the form by calling Therapeutic Recreation Services at 540-772-7529 ext 2.

# Guidelines for Registration

## Registration

Registration is taken by either telephone using credit cards, through the mail or in person at the Brambleton Center, Monday through Friday, beginning

**8:00 am Monday, May 1, 2006**

Registrations may be mailed to the Therapeutic Recreation Services main office. Payments must accompany registration and may be made by cash, check, charge or money order; made payable to: Roanoke County Parks, Recreation & Tourism. If mailing a check, call to confirm your balance. You may have a credit on your account. Registration is not considered complete until class fee is received.

## Transportation

You are asked to provide your own transportation, as County provided transportation is available on a very limited basis. Therapeutic Recreation Services subsidizes well over 50% of transportation costs when you use our services. Transportation fees, \$2.50 for each round trip, are listed for each program in the class description. The entire transportation and class fees are due upon registration, not on a per trip basis. Those who do not use County provided transportation do not pay this fee. Wheelchair accessible transportation is available, but limited.

**You MUST be registered by Friday, May 12, 2006 to use this service.**

Use of County provided transportation is a privilege and is a costly service. It is our policy to wait five (5) minutes for you after your scheduled pickup time. After 5 minutes, the van will continue on the route without you. If you are a "no show" without prior notification three (3) times within a semester, you will be dropped from the transportation route for the remainder of the programming semester.

## Waitlists

Sometimes programs may fill before the registration session concludes. If this happens, your name will automatically be placed on a waitlist. You will be contacted if you are placed on the waitlist and if a space becomes available.

## Refunds & Credits

In the event that Roanoke County cancels a class, you will automatically receive a full credit to your account. Credits will be carried on your account and can be used toward future courses and activities. If you would like a refund, notify us and you will be refunded within three weeks. If you must withdraw from a course, requests for refunds or credits must be received before the second session of the course. Credits for trips or special events (such as theatre productions where tickets are purchased in advance) cannot be given after the deadline unless your place can be filled.

## Inclement Weather:

You will be contacted should weather conditions postpone scheduled TRS events or you may listen to local radio or TV stations for postponement information.

# S.O.A.R.

## Supported Opportunities in Accessible Recreation Inclusion Services

### Access to All

Therapeutic Recreation Services encourages and supports the participation of individuals with disabilities in all Roanoke County Parks, Recreation, & Tourism programs and services. To facilitate this, SOAR provides opportunities for people with and without disabilities to enjoy recreation and leisure activities together...inclusion. We pride ourselves in following the Americans with Disabilities Act of 1990 by providing reasonable accommodations for individuals with disabilities in recreation that is accessible to all.

SOAR provides reasonable accommodations and leisure education for qualified individuals with disabilities who wish to know more about the Valley wide recreation opportunities available to them. All Roanoke County Parks, Recreation, & Tourism offices and centers are accessible to individuals with disabilities. The Brambleton Center has received the Blue Ridge Independent Living Center's Accessible Assurance Certification.

**Meet friends  
who share your  
interests,  
not your  
disability!**

The programs in this brochure are designed specifically for persons with various disabilities, but these are not the only programs available to you. Roanoke County Parks, Recreation & Tourism offers a wide variety of opportunities available to everyone regardless of ability. Please look through "Live, Learn & Play," the main program guide for Roanoke County Parks, Recreation & Tourism. Once you find a program that is of interest to you, please contact TRS staff in order to start S.O.A.R.

"Live, Learn & Play" is available at the Brambleton Center, Roanoke County Libraries or online at [www.RoanokeCountyVA.gov/prtonline](http://www.RoanokeCountyVA.gov/prtonline).

### What is Inclusion?

Inclusion within our Department means that individuals with disabilities are welcome to participate in the same recreation programs and activities as their non-disabled peers.

Requests for reasonable accommodations must be received by the Therapeutic Recreation Services office at least two weeks prior to the scheduled activity or event.

To fully enjoy your experience with Roanoke County Parks, Recreation, & Tourism, choose activities that are appropriate for your ability level and interest. SOAR strives to make your inclusion experience positive and fulfilling, ensuring that all accommodations are made in a safe and dignified manner.

### Requirements for successful inclusion:

- You must meet registration requirements of the selected class, ie. age, residency, prerequisites, etc
- You must be able to adhere to the rules of conduct.
- You must be able to follow simple directions & be able to communicate your basic needs.
- You must have the ability to tolerate & function in a large group of 10 or more people.
- You must be able to participate in the selected activity for the majority of the scheduled time.
- Participation in recreation programs and activities is voluntary and will be encouraged and aided.
- \* **All accommodation requests must be made at least two week prior to the start of the program.**
- \* **Transportation is not provided for Inclusion Services**

# S.O.A.R.

## Supported Opportunities in Accessible Recreation Inclusion Services

### Steps to S.O.A.R.

- 1.) Decide what general recreation program you are interested in and want to attend
- 2.) Call Therapeutic Recreation Services to set up a SOAR meeting for accommodations
- 3.) TRS Staff will write a SOAR accommodation plan just for you
- 4.) TRS Staff will assist you in implementing your plan
- 5.) Participate and have fun!

## Other Services

Programs either offered or sponsored by  
Roanoke County Parks, Recreation & Tourism  
Therapeutic Recreation Services

### Challenger Baseball

Roanoke County Parks, Recreation & Tourism is proud to sponsor Roanoke Valley's Challenger Baseball League. Challenger Baseball is administered through Virginia District 12 of Little League Baseball, Inc. Challenger players learn the fundamentals of baseball including pulling together as a team, being cheered and earning awards for their achievements. All children ages 6 through 18, or completion of school, with physical or mental disabilities are encouraged to participate. Contact Jim McFadyen at 540-776-0130 for more information.

### Sign Language Programs and HANDS

Classes for adults in American Sign Language, at the beginning level, are always offered with higher levels offered as demand dictates. These courses are designed for hearing individuals who wish to learn the basics of ASL syntax, structure and vocabulary. KIDSIGN Camp is a week long, half day camp designed to introduce children, ages 8-12, to the world of sign language communication. The HANDS group (Hearing AND Deaf Signers) is a social opportunity for any individual who is interested in sign language communication. HANDS meets weekly at the Brambleton Center and also has special events and activities throughout the year. Join the HANDS group at their June 3rd picnic at Camp Roanoke! For more information, call or email Betsy Dennis at 540-772-7529 ext 226 (voice) 540-772-7548 (TTY) or [bdennis@roanokecountyva.gov](mailto:bdennis@roanokecountyva.gov).

See our website at: [www.RoanokeCountyVA.gov/trs](http://www.RoanokeCountyVA.gov/trs).

**Accessible Formats:** Therapeutic Recreation Services program information is available in accessible formats that meet individual needs. Information is available in Braille, large print, audiocassette, elementary formats and other formats on request. Call 772-7529 ext. 2 for more information on this award winning service.

# Therapeutic Recreation Services

## Summer 2006 Program Registration Form

Name: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Phone: (home) \_\_\_\_\_ (work) \_\_\_\_\_ (other) \_\_\_\_\_  
 Address: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Residency: (circle) Roanoke County Roanoke City Salem  
 Other: \_\_\_\_\_

Are you a client of Blue Ridge Behavioral Healthcare? Yes No  
 Do you give permission for an exchange of information between TRS & BRBH? Yes No  
 Name of Caseworker: \_\_\_\_\_ Phone: \_\_\_\_\_

### Program Registration

The program fees vary according to program and if transportation is desired. Please be sure to fill out the form correctly & completely.

| <u>Program Code</u> | <u>Program Name</u> | <u>Program Fee</u> | <u>Transportation Fee</u> |
|---------------------|---------------------|--------------------|---------------------------|
| ____                | _____               | \$ _____           | \$ _____                  |
| ____                | _____               | \$ _____           | \$ _____                  |
| ____                | _____               | \$ _____           | \$ _____                  |
| ____                | _____               | \$ _____           | \$ _____                  |
| ____                | _____               | \$ _____           | \$ _____                  |
| ____                | _____               | \$ _____           | \$ _____                  |
| Subtotal:           |                     | \$ _____           | + \$ _____                |

**TOTAL of ALL fees: \$ \_\_\_\_\_**

\_\_\_\_ I will provide my own transportation  
 \_\_\_\_ I need County provided transportation from:  
     Home      Pick Up Point: \_\_\_\_\_  
 \_\_\_\_ Wheelchair accessible transportation needed

### Payment Method:

\_\_\_\_ Check    \_\_\_\_ Cash    \_\_\_\_ Money Order    \_\_\_\_ Visa/MasterCard  
 \_\_\_\_ Recbucks    (call 540-772-7529 ext 2)

# Co-Sponsors

Roanoke County Parks, Recreation & Tourism's Therapeutic Recreation Services is a contractual service provider for Blue Ridge Behavioral Healthcare. Through this agreement, we are able to offer services through the TRIPS & EXCEL programs.

Roanoke County Parks, Recreation & Tourism is proud to partner with Roanoke City Parks & Recreation to provide services for city residents through valleywide TRS programs.

## IF . . .

... your business or civic group would like to co-sponsor a Therapeutic Recreation Services activity, program or event, please contact Betsy Dennis at 540-772-7529 ext 2 or [bdennis@roanokecountyva.gov](mailto:bdennis@roanokecountyva.gov).

### Sponsorship Opportunities:

#### Co-Sponsor of Valentine Dance ~ \$8,000

*\* 22nd Annual Valentine Dinner & Dance February 9, 2007 \**

*\* 250-350 attendees \**

*\* Ad Space in all marketing materials & Headline Sponsor at Dance \**

*\* Identification in Department Brochure - direct mail to over 3500 households \**

*\* Onsite Advertising \**

*\* Identification on RVTV \**

#### Sponsor of this Therapeutic Recreation Services Program Guide ~ \$2,000

*\* Three editions per year \**

*\* Valley wide distribution to over 1,200 people with disabilities\**

*\* Ad Space in Program Guide \**

Your services, whether in funds or in-kind donations, will help increase the quality of life not only for people with disabilities of the Roanoke Valley, but yours as well!



## Meet your TRS Staff!

### Left to Right:

Betsy Dennis   Kari Benson   Mandi Smith

Can't wait to see you this summer!

# Raft Richmond Overnight!

Ages 21 and up. This program is specially designed for individuals with disabilities. Experience our state capital in a unique way...on the river! This two day, one night trip includes a visit to the Science Museum of Virginia, where you will have the opportunity to explore many of the intriguing exhibits on display AND take a scenic and relaxing raft trip down the James River that flows through Richmond. You will experience mild Class I-II rapids and have the opportunity to swim in the James. This trip is perfect for the person who is looking for an enjoyable, stress-free outdoor experience. Participants must meet specific behavioral criteria. Please call Therapeutic Recreation Services for details.

**Program fee:** \$150 (includes all transportation, accommodations at the luxurious Embassy Suites, admission to the Science Museum, cost of rafting trip, and 4 meals. You must bring money for two meals while traveling)

**All inclusive fee:** \$175 (includes all meals, lodging, transportation & admissions)

**Deposit:** \$50 due at registration (non refundable) Remaining balance due by August 9, 2006.

**Transportation fee:** Included

**Leaders:** Betsy Dennis, Mandi Smith, CTRS, & Kari Benson, MS, CTRS

**#9174 Tuesday - Wednesday August 29 – 30 2 day trip Richmond, VA**

Registration for Summer 2006

May 1, 2006 8:00 AM

Mail

Phone

Walk-In

Therapeutic Recreation Services

3738 Brambleton Ave SW

Roanoke, VA 24018

(540) 772-7529 ext 2



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